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Anatomy pocket



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Preface to the First Edition

Anatomy pocket is anatomy reduced to true essentials. This small book is intended as a succinct, clear, and comprehensible way to learn anatomy quickly. This is why we have not included lengthy explanations, but instead have designed the book so that the material is presented in the form of detailed figures and short, concise texts. This will enable you to learn better and to understand and memorize complicated anatomical structures faster.

Many cross-references throughout particular chapters highlight anatomical relationships. For example, if you need to memorize nerve or vessel branching, mnemonics and illustrated charts in the appendix will help you accomplish this. Furthermore, a carefully planned index allows you to look up and review particular topic areas quickly.

Of course, our Anatomy pocket is not intended only for medical students. It is equally well suited for all medical support professionals, from nurses to paramedics.

Students should not be tempted to use this condensed compendium as their sole reference when preparing for examinations. Rather, it should be treated as a useful outline of anatomy.

In designing the Anatomy pocket, we have made every effort to achieve, to the best of our knowledge, a high standard in regard to technical accuracy, graphic quality, and methodology. However, constructive criticism (write to service@media4u.com) is always welcome.

From the authors and the publisher

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